July 2-5





Dedicated to the memory of Art Longsjo, Fitchburg native and first US same-year dual Olympian

One of the largest pro / am cycling event in North America

Attracts over 900 riders from around the world

Second oldest race in the country

Attracts thousands of spectators

The road to France rides through Fitchburg





More than \$50K in total prizes / LAJRS Series / New England Bicycle Racing Association Points Series

Held Under USA Cycling Race Permit

Register by June 28 at http://www.BikeReg.com (we pay the online fee and rider insurance!) >>NO MAIL IN REGISTRATION<

	Category	Entry Fee Through 6.15.10	Entry Fee After 6.15.10	Total Prizes	Field Limit	Fitchburg State College Circuit Race Fitchburg, MA Friday July 2, 2010 Time / Distance / Laps+	Wachusett Mountain Road Race Princeton, MA Saturday July 3, 2010 Time / Distance / Laps+	Courtyard by Marriott South Street Time Trial Westminster, MA Sunday July 4, 2010 Time / Distance+	Workers' Credit Union Downtown Criterium Fitchburg, MA Monday July 5, 2010 Time / Distance / Laps+
	Men Pro / 1	\$210	\$225	\$25,000	180	3:30 / 74 mi. / 24 laps	12:30 / 98 mi. / 9 laps	2:00 PM / 14.3 KM	3:50 / 50 mi. / 55 laps
	Women Pro 1/2	\$175	\$190	\$13,000	150	2:00 / 34 mi. / 11 laps	12:45 / 64 mi. / 6 laps	12:45 PM / 14.3 KM	2:30 / 25 mi. / 28 laps
1	Men 2	\$175	\$190	\$5,000	180	12:00 / 50 mi. / 16 laps	12:35 / 75 mi. / 7 laps	3:30 PM / 14.3 KM	11:30 / 30 mi. / 33 laps
	Men 3	\$145	\$160	\$3,000	180	10:40 / 28 mi. / 9 laps	9:00 / 64 mi. / 6 laps	4:45 PM / 14.3 KM	10:25 / 23 mi. / 25 laps
and the second	Men 4	\$120	\$135	\$1,500	150	8:17 / 25 mi. / 8 laps	9:15 / 41 mi. / 4 laps	8:00 AM / 14.3 KM	12:50 / 20 mi. / 22 laps
OL	Women 3/4	\$40	\$55	\$700	100	Not racing this stage	Not racing this stage	11:05 AM / 14.3 KM	8:45 / 15 mi. / 17 laps
	Masters 40+ (1-4)	\$120	\$135	\$1,500	150	9:30 / 28 mi. / 9 laps	9:05 / 64 mi. / 6 laps	10:05 AM / 14.3 KM	9:35 / 17 mi. / 19 laps
	Junior Men (1-4)	\$79	\$94	\$1,000	120	8:15 / 22 mi. / 7 laps	9:10 / 41 mi. / 4 laps	9:15 AM / 14.3 KM	8:00 / 15 mi. / 17 laps

All Categories Except Women 3/4: 4 Days of Racing / Scoring Based on Individual G.C.

**Race times/distance/laps subject to change. Race bible governs.

One Day Licenses Are Not Allowed Racers must compete in all of their stages/ No exceptions

Fitchburg State College Circuit Race A 3.1 mile loop with approximately 100 ft. of climbing per lap. Staging / Start on Highland Ave., Finish on Pearl St. at Cedar St.

Wachusett Mountain Road Race Start at Wachusett Mtn. Ski Area, Princeton. An 11 mile hilly course finishing in Princeton Center

Courtyard by Marriott / South Street Time Trial
Start on South St. in Westminster, near town offices Rroceed 4.5 miles to Mare Meadow
Ln. in Hubbbardston to turn around. Finish at Dawley Rd. in Westminster approx. 14.3
KM. Riders start at 30-second intervals.

Workers' Credit Union Downtown Criterium
Start / Finish at Fitchburg City Hall. A .9 mile, flat, fast, three corner criterium.

- •Early registration is recommended as some categories fill quickly.
- Fees for all categories increase by \$15 after June 15, 2010.
- •\$32.50 of fee is non-refundable remainder is refundable if withdrawal is requested prior to June 1.
- •Fee waivers may be granted on a case-by-case basis to National and World Champions or Olympic Cyclists Waivers must be requested prior to June 1.
- •Contact for registration information and requests: <u>registration@longsjo.com</u>

register online @ **BikeReg.com**

The Ronald M. Ansin Foundation









www.longsjo.com